
Schedule for Community-Minded TV

Wednesday, 9/1/2010		
12:00 AM	CMTV Artist Showcase Showcasing local musicians and visual artists. Submissions now being taken for 2010 -go to www.community-mindedtv.org or call 509-444-3381	12:00
12:00 PM	The Real Powwow Trail Shonto Pete travels to various powwows throughout the United States capturing the song and dance of the indigenous people of the country.	1:00
1:00 PM	Native Heartbeat "Our Culture, Our Spirit, Our Voice" Stories from tribes across the Northwest, hosted by Chenoa Egawa	0:30
1:30 PM	The Road to Recovery This program series explores the benefits of addiction treatment and the rewards to recovery for any individual.	0:30
2:00 PM	Living by Faith Bible teachings about faith by Pastor Otis Manning.	0:30
2:30 PM	Better Spokane Interview: John Caputo - Media for Community Making significant changes in the media of Spokane. Creating a level playing field for the positive.	0:30
3:00 PM	Veteran's Forum Host PJ Scott interviews Washington veterans who tell their stories. The show is also designed to provide helpful information for veterans.	0:30
3:30 PM	Bluegrass Spokane Bluegrass filmed by local filmster Richard Peterson 509-468-0465	0:30
4:00 PM	Real Estate Marketing Forum 2010 Held at Spokane Convention Center, this event is sponsored by the non-profit Spokan-Koenai Real Estate Research Committee.	2:00
6:00 PM	Parkinson's Speech An ongoing series of informative talks on Parkinson's disease from regional experts. Hosted by the Parkinson's Resource Center	1:00
7:00 PM	Change Point Spokane Stories of inspiration and transformation hosted by Ian Robertson and Stevie "29" Wilson	0:30

Schedule for Community-Minded TV

7:30 PM	Biz Works Biz Works with Ben Cabildo from AHANA (African-American, Hispanic, Asian, Native American).	0:30
8:00 PM	"Kids Run Better Unleaded " A documentary about The Lands Council's work with community partners to reduce childhood lead poisoning in Spokane. "	0:30
8:30 PM	Nature Walk A nature walk along the hillside above Latah Creek.	0:30
9:00 PM	Tour Stop Rock stars, music videos and local flavor! Tour Stop goes backstage, on rooftops, or in the tour bus to interview major label bands.	0:30
9:30 PM	RAWK Final Four 2009 Regional High School battle of the bands, RAWK the Inland Northwest's Final Four 2009. Featuring a concert and interviews with the band "Olaf Olaf Ola	0:30
10:00 PM	Shrinking Violets Birthday Bash Open group of fresh-thinking local women & men that host gatherings/events, encourage creativity, civics, friend making www.shrinkingvioletssociety.com	1:00
11:00 PM	Bioneers - Arturo Sandoval Arturo Sandoval - Changing the Axis	0:30
11:30 PM	Police Accountability Documentary President of NAACP and Odyssey Youth Center speak out against police brutality at City Hall.	0:30

Schedule for Community-Minded TV

Thursday, 9/2/2010		
12:00 AM	CMTV Artist Showcase Showcasing local musicians and visual artists. Submissions now being taken for 2010 -go to www.community-mindedtv.org or call 509-444-3381	12:00
12:00 PM	Tour Stop Rock stars, music videos and local flavor! Tour Stop goes backstage, on rooftops, or in the tour bus to interview major label bands.	0:30
12:30 PM	Rev Ministries - 2nd Take "Second Take" chronicles the lives of young people as they make the difficult decision to come face to face with their choices.	0:30
1:00 PM	Rahda Yoga Yoga benefits the mind and body. This program will guide viewers through basic stretching and relaxation techniques.	0:30
1:30 PM	The Road to Recovery This program series explores the benefits of addiction treatment and the rewards to recovery for any individual.	1:00
2:30 PM	Meet America Meet America: Environment, Animal, and Human Rights issues overlooked by the mainstream media.	1:30
4:00 PM	Better Spokane Interview: Walkin' Jim Stoltz - Part 2 Walkin' Jim Stoltz - Walking This Land With Respect For All. Long-distance hiker, adventurer, author sings about wilderness and life.	0:30
4:30 PM	Coeur D' Alene High School String Orchestra Concert Concert May 20, 2009 Three original pieces of music performed by the Coeur D' Alene High School String Orchestra.	1:00
5:30 PM	Mentoring - Project MOVE Learn how mentoring can change lives in this short documentary.	0:30
6:00 PM	Parkinson's Speech An ongoing series of informative talks on Parkinson's disease from regional experts. Hosted by the Parkinson's Resource Center	0:30
6:30 PM	Northwest Indian News This monthly series tells stories from tribes across the Northwest. Featuring traditional Indian celebrations and much more.	0:30

Schedule for Community-Minded TV

7:00 PM	Spokane City Forum We will explore leadership and plans that work. These speakers will inspire new efforts in making Spokane a better place to live.	1:00
8:00 PM	Better Spokane Interview: Joyce Hawkes - Compassion Author of "Cell-Level Healing: Bridge from Soul to Cell." Emotional/mental/spiritual feelings positively affect our bodies at the cellular level.	0:30
8:30 PM	Better Spokane Interview: Walkin' Jim Stoltz - Part 3 Walkin' Jim Stoltz - Walking This Land With Respect For All. Long-distance hiker, adventurer, author sings about wilderness and life.	0:30
9:00 PM	Bicycle Riding Safely Riding Safely - a shared responsibility. Safety tips for pedestrians and motorists.	0:30
9:30 PM	Spokane Teen VIDEOfEST VIDEOfEST, hosted by the Spokane Regional Health District, is a film contest open to local teens promoting sexual responsibility.	0:30
10:00 PM	Meet America Meet America: Environment, Animal, and Human Rights issues overlooked by the mainstream media.	1:00
11:00 PM	Bioneers - Joanna Macy Joanna Macy - The Hidden Promise of Our Dark Age	0:30
11:30 PM	Better Spokane Interview: Joyce Hawkes - Compassion Author of "Cell-Level Healing: Bridge from Soul to Cell." Emotional/mental/spiritual feelings positively affect our bodies at the cellular level.	0:30

Schedule for Community-Minded TV

Friday, 9/3/2010		
12:00 AM	CMTV Artist Showcase Showcasing local musicians and visual artists. Submissions now being taken for 2010 -go to www.community-mindedtv.org or call 509-444-3381	12:00
12:00 PM	Bluegrass Spokane Bluegrass filmed by local filmster Richard Peterson 509-468-0465	0:30
12:30 PM	"Kids Run Better Unleaded " A documentary about The Lands Council's work with community partners to reduce childhood lead poisoning in Spokane. "	0:30
1:00 PM	Northwest Indian News This monthly series tells stories from tribes across the Northwest. Featuring traditional Indian celebrations and much more.	0:30
1:30 PM	Spokane by the Shorts A block of short films created by local Inland Northwest filmmakers.	0:30
2:00 PM	Living by Faith Bible teachings about faith by Pastor Otis Manning.	0:30
2:30 PM	Better Spokane Interview: Ali Abunimah - Part 1 Resolving Moral Issues: One Country For Palestinians & Israelis - A Bold Proposal To End The Israeli-Palestinian Impasse	0:30
3:00 PM	Veteran's Forum Host PJ Scott interviews Washington veterans who tell their stories. The show is also designed to provide helpful information for veterans.	0:30
3:30 PM	Biz Works Biz Works with Ben Cabildo from AHANA (African-American, Hispanic, Asian, Native American).	0:30
4:00 PM	Bioneers - Jack Hidary Jack Hidary - From Small Steps to the Energy Revolution	0:30
4:30 PM	National Junior Disability Championship Five amazing athletes compete in a national championship held in Spokane in 2007.	0:30
5:00 PM	Rahda Yoga Yoga benefits the mind and body. This program will guide viewers through basic stretching and relaxation techniques.	0:30

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5:30 PM	The 509 The 509 with Cece Marie	0:30
6:00 PM	Parkinson's Speech An ongoing series of informative talks on Parkinson's disease from regional experts. Hosted by the Parkinson's Resource Center	1:00
7:00 PM	Tour Stop Rock stars, music videos and local flavor! Tour Stop goes backstage, on rooftops, or in the tour bus to interview major label bands.	0:30
7:30 PM	RAWK Final Four 2009 Regional High School battle of the bands, RAWK the Inland Northwest's Final Four 2009. Featuring a concert and interviews with the band "Olaf Olaf Ola	0:30
8:00 PM	Tree Workshop - Overview of the Urban Forest Overview of the Urban Forest	3:00
11:00 PM	RAWK Final Four 2009 Regional High School battle of the bands, RAWK the Inland Northwest's Final Four 2009. Featuring a concert and interviews with the band "Green Light G	0:30
11:30 PM	Spokane Teen VIDEOFEST VIDEOFEST, hosted by the Spokane Regional Health District, is a film contest open to local teens promoting sexual responsibility.	0:30

Schedule for Community-Minded TV

Saturday, 9/4/2010		
12:00 AM	CMTV Artist Showcase Showcasing local musicians and visual artists. Submissions now being taken for 2010 -go to www.community-mindedtv.org or call 509-444-3381	12:00
12:00 PM	Tour Stop Rock stars, music videos and local flavor! Tour Stop goes backstage, on rooftops, or in the tour bus to interview major label bands.	0:30
12:30 PM	Rev Ministries - 2nd Take "Second Take" chronicles the lives of young people as they make the difficult decision to come face to face with their choices.	0:30
1:00 PM	Change Point Spokane Stories of inspiration and transformation hosted by Ian Robertson and Stevie "29" Wilson	0:30
1:30 PM	Sustainable September Luncheon An event to kickoff the month of Sustainable September in Spokane. Featuring talks from Mayor Mary Vernor and Dan Baumgarten.	1:00
2:30 PM	Meet America Meet America: Environment, Animal, and Human Rights issues overlooked by the mainstream media.	1:00
3:30 PM	Meet America Meet America: Environment, Animal, and Human Rights issues overlooked by the mainstream media.	0:30
4:00 PM	Bioneers - Brock Dolman Brock Dolman - Basins of Relations: A Reverential Rehydration Revolution	0:30
4:30 PM	Nature Walk A nature walk along the hillside above Latah Creek.	0:30
5:00 PM	Our Daily Bread Benefit Concert Val World piano prodigy 11-years-old play classical music to help food kitchen	1:00
6:00 PM	Mercy Medical Airlift "No Patient Left Behind" with Mercy Medical Airlift. The gift of flight is the subject of this inspiring documentary showcasing this national charity	1:00
7:00 PM	The 509 The 509 with Cece Marie	0:30

Schedule for Community-Minded TV

7:30 PM	Better Spokane Interview: Joyce Hawkes - Compassion Author of "Cell-Level Healing: Bridge from Soul to Cell." Emotional/mental/spiritual feelings positively affect our bodies at the cellular level.	0:30
8:00 PM	Bluegrass Spokane Bluegrass filmed by local filmster Richard Peterson 509-468-0465	1:00
9:00 PM	RAWK Final Four 2009 Regional High School battle of the bands, RAWK the Inland Northwest's Final Four 2009. Featuring a concert and interviews with the band "Bodhi Drip"	0:30
9:30 PM	Meet America Meet America: Environment, Animal, and Human Rights issues overlooked by the mainstream media.	1:00
10:30 PM	The 509 The 509 with Cece Marie	0:30
11:00 PM	Bioneers - Chief Almir Narayamoga Surui Chief Almir Narayamoga Surui - Biocultural Conservation in the Amazon	0:30
11:30 PM	"Valley View Fire "Watch these amazing views of the valley fire and how close it came to damaging peoples homes. "	0:30

Schedule for Community-Minded TV

Sunday, 9/5/2010		
12:00 AM	CMTV Artist Showcase Showcasing local musicians and visual artists. Submissions now being taken for 2010 -go to www.community-mindedtv.org or call 509-444-3381	8:00
8:00 AM	Living by Faith Bible teachings about faith by Pastor Otis Manning.	0:30
8:30 AM	The Last Letter A heartwarming film about a young boy who befriends his elderly neighbor.	0:30
9:00 AM	Meet America Meet America: Environment, Animal, and Human Rights issues overlooked by the mainstream media.	1:30
10:30 AM	Bluegrass Spokane Bluegrass filmed by local filmster Richard Peterson 509-468-0465	0:30
11:00 AM	Better Spokane Interview Spokane River History. Part 1 A history about the Spokane River	0:30
11:30 AM	Nature Walk A nature walk along the hillside above Latah Creek.	0:30
12:00 PM	Catholic Mass Weekly Catholic Mass from the Immaculate Heart Retreat Center. Airls each Sunday at 12pm and 5pm	1:00
1:00 PM	Rahda Yoga Yoga benefits the mind and body. This program will guide viewers through basic stretching and relaxation techniques.	0:30
1:30 PM	The Colville National Forest Story From Controversy to Common Ground: The Colville National Forest Story.	0:30
2:00 PM	Living by Faith Bible teachings about faith by Pastor Otis Manning.	0:30
2:30 PM	The Changing Media Landscape Discussion about the impact of the internet on Journalism. Speakers include Ryan Pitts, Luke Baumgarten, John Orr, Cheryl-Anne Milsap, James McPherson	1:00
3:30 PM	Better Spokane Interview: Ali Abunimah - Part 1 Resolving Moral Issues: One Country For Palestinians & Israelis - A Bold Proposal To End The Israeli-Palestinian Impasse	0:30

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4:00 PM	Bioneers - Kari Fulton Kari Fulton - Youth Redefining Environmentalism	0:30
4:30 PM	Better Spokane Interview: Joyce Hawkes - Compassion Author of "Cell-Level Healing: Bridge from Soul to Cell." Emotional/mental/spiritual feelings positively affect our bodies at the cellular level.	0:30
5:00 PM	Catholic Mass Weekly Catholic Mass from the Immaculate Heart Retreat Center. Airs each Sunday at 12pm and 5pm	1:00
6:00 PM	Family Worship Hour Worship from the Central Seventh-Day Adventist Church	1:00
7:00 PM	Change Point Spokane Stories of inspiration and transformation hosted by Ian Robertson and Stevie "29" Wilson	0:30
7:30 PM	Mysteries of our Spokane Nature Corridor Explore 4.6 billion years of our Spokane Nature Corridor's history. When was Spokane along the Pacific Ocean? When did fish and ferns arrive?	1:00
8:30 PM	Mentoring - Project MOVE Learn how mentoring can change lives in this short documentary.	0:30
9:00 PM	Tour Stop: Amber Pacific, Swinging Utters-Ep. 7 Rock stars, music videos and local flavor! Tour Stop goes backstage, on rooftops, or in the tour bus to interview major label bands.	0:30
9:30 PM	RAWK Final Four 2009 Regional High School battle of the bands, RAWK the Inland Northwest's Final Four 2009. Featuring a concert and interviews with the band "Death by Adam	0:30
10:00 PM	Better Spokane Interview: Joyce Hawkes - Compassion Author of "Cell-Level Healing: Bridge from Soul to Cell." Emotional/mental/spiritual feelings positively affect our bodies at the cellular level.	0:30
10:30 PM	Free Speech Rally : IWW 100th Anniversary Free Speech Rally in Riverfront Park for the IWW 100th Anniversary	0:30

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11:00 PM	Bioneers - Jerome Ringo Jerome Ringo - The Color of Green: The Next Inconvenient Truth	0:30
11:30 PM	Better Spokane Interview: Walkin' Jim Stoltz - Part 1 Walkin' Jim Stoltz - Walking This Land With Respect For All. Long-distance hiker, adventurer, author sings about wilderness and life.	0:30

Schedule for Community-Minded TV

Monday, 9/6/2010		
12:00 AM	CMTV Artist Showcase Showcasing local musicians and visual artists. Submissions now being taken for 2010 -go to www.community-mindedtv.org or call 509-444-3381	12:00
12:00 PM	Teaching of the Tree People "Teaching of the tree people" traces Bruce's family roots on the Skokomish Reservation.	0:30
12:30 PM	P.E.A.C.H. Classes - Gardening 101 This episode is a about simple living class on plant propagation, using cutting, clonings, and root separation for your basic gardening 101.	0:30
1:00 PM	Native Heartbeat "Our Culture, Our Spirit, Our Voice" Stories from tribes across the Northwest, hosted by Chenoa Egawa	0:30
1:30 PM	The Road to Recovery This program series explores the benefits of addiction treatment and the rewards to recovery for any individual.	1:00
2:30 PM	The Last Letter A heartwarming film about a young boy who befriends his elderly neighbor.	0:30
3:00 PM	Veteran's Magazine Host PJ Scott interviews Washington veterans who tell their stories. The show is also designed to provide helpful information for veterans.	0:30
3:30 PM	The Colville National Forest Story From Controversy to Common Ground: The Colville National Forest Story.	0:30
4:00 PM	Real Estate Marketing Forum 2010 Held at Spokane Convention Center, this event is sponsored by the non-profit Spokane-Kootenai Real Estate Research Committee.	0:30
4:30 PM	Price and Wall Regional Stormwater Facilities Blow your mind, with cutting edge stormwater treatments facilities will revolutionize the way storm water run off becomes clean again.	0:30
5:00 PM	Rahda Yoga Yoga benefits the mind and body. This program will guide viewers through basic stretching and relaxation techniques.	0:30

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5:30 PM	Mentoring - Project MOVE Learn how mentoring can change lives in this short documentary.	0:30
6:00 PM	Spokane Valley City Council Month Day Year - Spokane Valley City Council Meeting. Council meets every Tuesday 6pm at Spokane Valley City Hall.	3:00
9:00 PM	RAWK Final Four 2009 Regional High School battle of the bands, RAWK the Inland Northwest's Final Four 2009. Featuring a concert and interviews with the band "Raw Nerve"	0:30
9:30 PM	Spokane by the Shorts A block of short films created by local Inland Northwest filmmakers.	0:30
10:00 PM	Shrinking Violets Birthday Bash Open group of fresh-thinking local women & men that host gatherings/events, encourage creativity, civics, friend making www.shrinkingvioletssociety.com	1:00
11:00 PM	Bioneers - Annie Leonard Annie Leonard - The Story of Stuff	0:30
11:30 PM	County Courthouse Documentary County Courthouse Documentary	0:30

Schedule for Community-Minded TV

Tuesday, 9/7/2010		
12:00 AM	CMTV Artist Showcase Showcasing local musicians and visual artists. Submissions now being taken for 2010 -go to www.community-mindedtv.org or call 509-444-3381	12:00
12:00 PM	Tour Stop: Amber Pacific, Swinging Utters-Ep. 7 Rock stars, music videos and local flavor! Tour Stop goes backstage, on rooftops, or in the tour bus to interview major label bands.	0:30
12:30 PM	Rev Ministries - 2nd Take "Second Take" chronicles the lives of young people as they make the difficult decision to come face to face with their choices.	0:30
1:00 PM	The Colville National Forest Story From Controversy to Common Ground: The Colville National Forest Story.	0:30
1:30 PM	The Road to Recovery This program series explores the benefits of addiction treatment and the rewards to recovery for any individual.	1:00
2:30 PM	Bumble Bar - A Mindful Company A documentary that highlights a local company that prides itself on being green.	0:30
3:00 PM	Meet America Meet America: Environment, Animal, and Human Rights issues overlooked by the mainstream media.	0:30
3:30 PM	Better Spokane Interview Spokane River History. Part 1 A history about the Spokane River	0:30
4:00 PM	Real Estate Marketing Forum 2010 Held at Spokane Convention Center, this event is sponsored by the non-profit Spokan-Kootenai Real Estate Research Committee.	1:00
5:00 PM	Bluegrass Spokane Bluegrass filmed by local filmster Richard Peterson 509-468-0465	0:30
5:30 PM	P.E.A.C.H. Classes - About Milk and Better Health - Part 2 Part 2: Pasteurization	0:30
6:00 PM	Parkinson's Speech An ongoing series of informative talks on Parkinson's disease from regional experts. Hosted by the Parkinson's Resource Center	0:30

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6:30 PM	Northwest Indian News This monthly series tells stories from tribes across the Northwest. Featuring traditional Indian celebrations and much more.	0:30
7:00 PM	Spokane City Forum We will explore leadership and plans that work. These speakers will inspire new efforts in making Spokane a better place to live.	1:00
8:00 PM	Better Spokane Interview: Pepper Schwartz Relationships, Intimacy, and Sexuality	1:00
9:00 PM	RAWK Final Four 2009 Regional High School battle of the bands, RAWK the Inland Northwest's Final Four 2009. Featuring a concert and interviews with the band "Green Light G	0:30
9:30 PM	Meet America Meet America: Environment, Animal, and Human Rights issues overlooked by the mainstream media.	1:00
10:30 PM	Spokane by the Shorts A block of short films created by local Inland Northwest filmmakers.	0:30
11:00 PM	Bioneers - Jack Hidary Jack Hidary - From Small Steps to the Energy Revolution	0:30
11:30 PM	Spokane's Air Highlights a Spokane area nonprofit.	0:30

Schedule for Community-Minded TV

Wednesday, 9/8/2010		
12:00 AM	CMTV Artist Showcase Showcasing local musicians and visual artists. Submissions now being taken for 2010 -go to www.community-mindedtv.org or call 509-444-3381	12:00
12:00 PM	Meet America Meet America: Environment, Animal, and Human Rights issues overlooked by the mainstream media.	0:30
12:30 PM	Mentoring - Project MOVE Learn how mentoring can change lives in this short documentary.	0:30
1:00 PM	Northwest Indian News This monthly series tells stories from tribes across the Northwest. Featuring traditional Indian celebrations and much more.	0:30
1:30 PM	The Road to Recovery This program series explores the benefits of addiction treatment and the rewards to recovery for any individual.	0:30
2:00 PM	Living by Faith Bible teachings about faith by Pastor Otis Manning.	0:30
2:30 PM	"Kids Run Better Unleaded " A documentary about The Lands Council's work with community partners to reduce childhood lead poisoning in Spokane. "	0:30
3:00 PM	Veteran's Magazine Host PJ Scott interviews Washington veterans who tell their stories. The show is also designed to provide helpful information for veterans.	0:30
3:30 PM	Better Spokane Interview: Joyce Hawkes - Compassion Author of "Cell-Level Healing: Bridge from Soul to Cell." Emotional/mental/spiritual feelings positively affect our bodies at the cellular level.	0:30
4:00 PM	Real Estate Marketing Forum 2010 Held at Spokane Convention Center, this event is sponsored by the non-profit Spokan-Kooenai Real Estate Research Committee.	2:00
6:00 PM	Parkinson's Speech An ongoing series of informative talks on Parkinson's disease from regional experts. Hosted by the Parkinson's Resource Center	1:00

Schedule for Community-Minded TV

7:00 PM	Change Point Spokane Stories of inspiration and transformation hosted by Ian Robertson and Stevie "29" Wilson	0:30
7:30 PM	P.E.A.C.H. Classes - Gardening 101 This episode is a about simple living class on plant propagation, using cutting, clonings, and root separation for your basic gardening 101.	0:30
8:00 PM	Meet America Meet America: Environment, Animal, and Human Rights issues overlooked by the mainstream media.	1:00
9:00 PM	Tour Stop: Amber Pacific, Swinging Utters Ep. 7 Rock stars, music videos and local flavor! Tour Stop goes backstage, on rooftops, or in the tour bus to interview major label bands.	0:30
9:30 PM	RAWK Final Four 2009 Regional High School battle of the bands, RAWK the Inland Northwest's Final Four 2009. Featuring a concert and interviews with the band "Olaf Olaf Ola	0:30
10:00 PM	Better Spokane Interview: John Caputo - Media for Community Making significant changes in the media of Spokane. Creating a level playing field for the positive.	0:30
10:30 PM	Spokane Teen VIDEOFEST VIDEOFEST, hosted by the Spokane Regional Health District, is a film contest open to local teens promoting sexual responsibility.	0:30
11:00 PM	Bioneers - Kari Fulton Kari Fulton - Youth Redefining Environmentalism	0:30
11:30 PM	Meet America Meet America: Environment, Animal, and Human Rights issues overlooked by the mainstream media.	0:30

Schedule for Community-Minded TV

Thursday, 9/9/2010		
12:00 AM	CMTV Artist Showcase Showcasing local musicians and visual artists. Submissions now being taken for 2010 -go to www.community-mindedtv.org or call 509-444-3381	12:00
12:00 PM	Tour Stop: Amber Pacific, Swinging Utters Ep. 7 Rock stars, music videos and local flavor! Tour Stop goes backstage, on rooftops, or in the tour bus to interview major label bands.	0:30
12:30 PM	Rev Ministries - 2nd Take "Second Take" chronicles the lives of young people as they make the difficult decision to come face to face with their choices.	0:30
1:00 PM	Rahda Yoga Yoga benefits the mind and body. This program will guide viewers through basic stretching and relaxation techniques.	0:30
1:30 PM	The Road to Recovery This program series explores the benefits of addiction treatment and the rewards to recovery for any individual.	1:00
2:30 PM	Meet America Meet America: Environment, Animal, and Human Rights issues overlooked by the mainstream media.	1:30
4:00 PM	Bioneers - Kari Fulton Kari Fulton - Youth Redefining Environmentalism	0:30
4:30 PM	Better Spokane Interview: John Degraaf - Gross Domestic Happiness John Degraaf: Gross National Happiness, Economic Fairness, and Universal Healthcare	0:30
5:00 PM	The 509 The 509 with Cece Marie	0:30
5:30 PM	P.E.A.C.H. Classes - About Milk and Better Health - Part 2 Part 2: Pasteurization	0:30
6:00 PM	Parkinson's Speech An ongoing series of informative talks on Parkinson's disease from regional experts. Hosted by the Parkinson's Resource Center	0:30
6:30 PM	Northwest Indian News This monthly series tells stories from tribes across the Northwest. Featuring traditional Indian celebrations and much more.	0:30

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7:00 PM	Meet America Meet America: Environment, Animal, and Human Rights issues overlooked by the mainstream media.	1:30
8:30 PM	Better Spokane Interview: Walkin' Jim Stoltz - Part 4 Walkin' Jim Stoltz - Walking This Land With Respect For All. Long-distance hiker, adventurer, author sings about wilderness and life.	0:30
9:00 PM	RAWK Final Four 2009 Regional High School battle of the bands, RAWK the Inland Northwest's Final Four 2009. Featuring a concert and interviews with the band "Death by Adam	0:30
9:30 PM	RAWK Final Four 2009 Regional High School battle of the bands, RAWK the Inland Northwest's Final Four 2009. Featuring a concert and interviews with the band "Green Light G	0:30
10:00 PM	Tour Stop Rock stars, music videos and local flavor! Tour Stop goes backstage, on rooftops, or in the tour bus to interview major label bands.	0:30
10:30 PM	Shrinking Violets Birthday Bash Open group of fresh-thinking local women & men that host gatherings/events, encourage creativity, civics, friend making www.shrinkingvioletssociety.com	1:00
11:30 PM	Bioneers - Arturo Sandoval Arturo Sandoval - Changing the Axis	0:30